

Zero to Hero - Horse riding course in Mongolia



Level: Beginner riders

Duration: 3 days (extendable with optional add-on days) **Highlight:** Horse riding course, Culture experience

Course fee: 97\$ per/day (Individual training is available at a tailored cost)

Min participants: 2 persons

Day 1 Getting in sync with your horse - Confidence, Connection & Basics (L/D) *Morning*

09:00 – Orientation & safety briefing

Introduction of instructors, Mongolian horses & equipment

Horse behavior and safety around horses

10:00 - Groundwork session

Grooming, saddling, and leading techniques Understanding horse communication & posture

11:30 - Basic riding skills in corral - warm up

Mounting, balance, reins control, stopping, walking

Afternoon

13:00 - Lunch

14:30 – Practice ride around nearby open field (1–2 hours)

Learning turning, pacing, and stopping

16:30 - Group reflection & feedback

18:30 - Dinner

20:00 – Cultural talk: "The Horse in Mongolian Heritage" with herders



Day 2 Trail techniques & nomadic riding skills - Endurance & Navigation (L/D) *Morning*

08:30 – Saddle preparation (participants do it yourself)

09:00 – 2–3 hr trail ride (steppe trail)

Practice posture, trotting, balance on uneven terrain

12:00 - Lunch

Afternoon

13:00 – Learn how Mongolians care for and train their horses Try traditional airag (fermented mare's milk)

15:00 - Return cantering practice

17:00 - Feedback & discussion with instructor

18:30 - Dinner

Day 3 – Mini expedition & certificate - Freedom & Mastery (L/D)

Morning

08:30 - Gear check & safety review - warm up

09:00 – 3 guided ride through scenic landscapes (valley, riverbank, or hills)

Practicing riding etiquette and endurance

Optional photography stop

Afternoon

13:00 - Lunch

14:00 – Fun horse games (naadam-style mini race or lasso demo)

15:00 – Afternoon free ride

17:00 – Review of key learnings and Q&A

18:00 – Certificate ceremony & group photo

19:00 – Farewell dinner (Khorkhog)



Course location Option 1: Kharkhorin town

The ancient capital city of Mongolia, 360 km west of Ulaanbaatar

Accommodation price:

<u> </u>			
Stay in nomadic yurt	Hostel in town	Tourist camp Standard yurt	Tourist camp En Suite
18\$ per/night	55\$ per/night	90\$ per/night	135\$ per/night
Breakfast included	Breakfast included	Breakfast included	Breakfast included
Sleep in Sleeping bag	Clean sheet provided	Clean sheet provided	Clean sheet provided
Outside wooden toilet	Flash toilet	Flash toilet	Flash toilet
No shower	Public shower	Public shower	Private shower
Distance to the course: 0 km	Distance to the course: 7 km	Distance to the course: 7 km	Distance to the course: 7 km

PCourse location Option 2: Batnorov soum, Khentii province

The historical land of Chinggis Khaan's great legacy and homeland.

Accommodation price:

Stay in nomadic yurt	Hostel in town	Tourist camp Standard yurt	Tourist camp En Suite
18\$ per/night	N/A	90\$ per/night	N/A
Breakfast included	Not available	Breakfast included	Not available
Sleep in Sleeping bag		Clean sheet provided	
Outside wooden toilet		Flash toilet	
No shower		Public shower	ļ
Distance to the course: 1 km		Distance to the course: 0 km	

Transportation price from Ulaanbaatar to the course destination (one way)

Option	Public bus (per person)	Private sedan (per car)	Private 4WD (per car)
1 Khakhorin	12\$ (approx., may vary)	150\$ (includes petrol)	180\$ (includes petrol)
2 Batnorov*	12\$ (approx., may vary)	150\$ (includes petrol)	180\$ (includes petrol)

*Note:

- When joining the course in Batnorov (Option 2), you will be picked up from the Khentii Province bus station, as there is no direct bus. The remaining drive of approximately 100 km to the camp or nomadic yurt will be provided free of charge by local sedan car, or at an additional cost for a 4WD vehicle.
- If you choose accommodation located farther from the course area, we can also provide daily transportation — approximately USD 25 for a round trip daily.